



Greeneville City School System CSH Overview Summary

The following information is a summary of CSH activities and accomplishments since the formation of CSH in the Greeneville City School System.

CSH Infrastructure Established

An infrastructure for CSH has been developed for the Greeneville City School System that includes:

- School Health Advisory Committee
- Six Healthy School Teams at all of our district's schools
- School Health Policies strengthened or approved include food allergy guidelines for staff, over the counter stock medication program, medication policy for the Greeneville City School System, drug screening program guidelines for students participating in extracurricular activities, infection control guidelines for schools, emergency management plan for the Greeneville City School System, and a bloodborne pathogen exposure control plan
- Total amount of grant funding and in-kind services/materials secured by CSH to expand school health capacity for our LEA totals \$ 307,300.

Community partnerships have been formed to address school health issues. Current partners include:

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| ➤ TNCEP | ➤ Frontier Mental Health |
| ➤ University of Tennessee Extension Service | ➤ Laughlin Memorial Hospital |
| ➤ Rural Resources | ➤ Takoma Regional Hospital |
| ➤ George Clem Multicultural Association | ➤ NETCO (Nutrition buying coalition for group of upper East TN school systems) |
| ➤ Greene County Health Council | ➤ Greene County Juvenile Judge (Tobacco Court) |
| ➤ Greene County Health Department | ➤ CASA |
| ➤ Greeneville Police Department | ➤ East Tennessee State University |
| ➤ Greeneville Fire Department | ➤ Lion's Club |
| ➤ Greeneville/Greene County Emergency Management Agency | ➤ Takoma Medical Group |
| ➤ Town of Greeneville Tennessee | ➤ IndustriCare Occupational Medicine Clinic |
| | ➤ Tusculum Family Practice Physicians |

Parent and Student Involvement Developed

Parents are involved in numerous CSH activities such as participating as a member of one of our Healthy School Teams, planning fund raising activities, assisting in health screenings, improving play grounds, encouraging promotion of healthy eating and activity among students. Currently, 54 parents are collaborating with CSH.

Students have been engaged in CSH activities such as educational activities, projects to raise health awareness, fund raising activities, community outreach, promotion of health awareness among their peers, donor drives, clubs, etc. Approximately 1295 students are partnering with CSH to address school health issues.

School Health Interventions

Since CSH has been active in the Greeneville City School System, the following health interventions have taken place:

School Health Screenings and Referrals to Health Care providers -- During the 2010 -2011 school year students in grades K, 2, 4, 6, 8, and 9 were screened for vision, hearing, blood pressure and BMI. Approximately 1,118 students were screened. Out of that number there were 722 referrals to the student's health care provider (some students were referred for more than one cause);

Students have been seen by a school nurse and returned to class: There were 9,918 nursing visits for the school year 2010 – 2011. Of those visits 8,590 students were returned to class after visiting the school nurse;

BMI data has been collected that shows the severity of the childhood obesity epidemic in our LEA. In the 2010 – 2011 school year 41 % of the students screened were overweight or obese. 22% of the total number of students were in the obese range. Our system has data for 3 school years. We have seen a drop in the obesity range for 24 % in 2008 – 2009 to 22 % in 2010 – 2011;

Many items have been purchased with CSH funds to enhance school health efforts. Examples of items purchased include: physical education equipment such as scooters, archery equipment—complete set up for a new program at GHS, Dance, Dance Revolution, Wii's for every school, TV's, whistles, cases for transporting and protecting TV sets, and a complete software program for track events;

Professional development has been provided to counselors, physical education teachers, and nurses. Examples include: emergency management training to all administrative staff, counselor crisis training for counselors, front office training for safety for all front office personnel, physical education seminar's for physical education teachers, all nurses attended the Tennessee School Nurse Conferences, and specialized training in management of diabetic insulin pumps for nursing staff;

School faculty and staff have received support for their own well-being through immunization clinics, newsletters, health fairs, weight management programs, and nutritional seminars.

Specific interventions have been made in the following areas to address childhood obesity and behavioral health issues:

- Health Education Interventions – incorporating health education through counseling and physical education programs with a researched based program—Michigan Model for health education, and development of comprehensive pilot program at Tusculum View School Elementary School;
- Physical Education/Physical Activity Interventions – monitoring of Physical Activity Law at each school, provided Take 10! materials for Tusculum View Elementary School and Eastview Elementary School, and physical education classes maintained at the elementary level;
- Nutrition Interventions – Registered Dietician is now working with our system on a consultant basis to assist with menu planning, nutrient analysis, and carb counting, menus have been developed for elementary and middle schools to meet Healthier US School Challenge. We are making a commitment to a standard of excellence for our students and staff. Taste Today, Free Tomorrow—plan to introduce students to healthier food choices and encourage them to eat healthier foods that may be new to them, Grab 'n Go Breakfast—plan to encourage students to eat breakfast, Slow, Go, Whoa—final implementation will occur in 2011 – 2012 This program teaches students to make wise food selections;
- Mental Health/Behavioral Health Interventions – formation of a committee to identify, prioritize and develop solutions to the mental health needs within our school system, Parent/ Student Reunification Plan has been developed by our counseling staff, partnering with our local mental health provider to identify community resources that can be utilized by our local school system, and all schools have the services of a school counselor.

In addition to the accomplishments listed above, the CSH office in our school system has spent a significant amount of time reworking our safety plan to become NIMS compliant. As a result of this work we have system wide and building level plans that will mesh with our local emergency response agencies. Training for our staff, parents and students has also been completed.

In such a short time, CSH in the Greeneville City School System has made significant contributions to the well-being of our students and staff which in turn has addressed numerous non-academic barriers to student academic achievement.

For more information concerning Coordinated School Health (CSH), please contact the Coordinator.

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